

Tibetan Yoga and Meditation Kum Nye



Presented by Arnaud Maitland

**Kum Nye UK are pleased to announce a
Non-Residential Kum Nye Retreat May 26th-28th 2017
Cost £125 (to include light lunch Sat/Sun)**

Friday 6pm - 8pm

Saturday 10am - 5pm

Sunday 10am - 2pm

**At Storridge Village Hall
WR13 5HF**

An opportunity to explore new dimensions of meditation through Kum Nye based on Tarthang Tulku Rinpoche's book "Dimensions of Mind". This will be led by Arnaud Maitland, He is a senior student of Tarthang Tulku and has been with him since 1976. He is an international lecturer, retreat leader, Nyingma teacher, meditation instructor and Skillful Means Consultant

If you are interested in attending please email:
abushaway5@gmail.com

For details of where to stay visit: http://www.visitthemaalverns.org/where_to_stay or <https://www.airbnb.co.uk/>

Storridge Village Hall is situated at the junction of the Cowley Road (B4219) and A4103 (Hereford/Worcester)